



## Restful City

### 1 Bristol Old Vic

Permanent resting space

### 2 Watershed

Horizontal Cinema

### 3 Arnolfini

Rest friendly venue

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### Bristol Old Vic

"You are welcome to lie down, drop public etiquette and do what you need to do to be well and be comfortable".

- Rest Friendly Venue.
- Permanent Resting Space on the first floor balcony with a large soft rug, two bean bags and cushions.

### Watershed

Horizontal Cinema means you can request a bean bag or a yoga mat and cushion to watch any screening of any film:

- Call the Box Office on 0117 927 5100
- Ask to do Horizontal Cinema and specify whether you'd like a yoga mat or a bean bag.

### Arnolfini

- Rest Friendly venue.
- Yoga mats and bean bags available for more 'restful' viewing in the galleries.
- A 'restful' atmosphere is encouraged in the galleries between 4-6pm Tues - Friday.
- Yoga mats and bean bags are available for specific Arnolfini live performances.

<http://www.unchartedcollective.com/>



